



**2022 Starksboro Sports Program
Ski & Ride
Cochran's Ski Area, Richmond Vermont**



GENERAL INFORMATION

The Starksboro Sports Ski & Ride Program at Cochran's Ski Area is an after school ski and snowboard program with an emphasis on skiing and riding safely and on having fun! The SSP Ski & Ride Program is for all elementary-aged Starksboro children; however, any kindergarten-aged participant must be accompanied by his or her parent at all times.

**Please use the online registration form to sign your children up
for the program, which can be found on the
Ski & Ride page of the Starksboro Sports Program website:
<http://starksborosports.com/ski-and-ride.html>**

**Registration deadline is Wednesday, December 22, 2021.
Scholarships are available.**

We must have parent volunteers to help us manage the program. If you register your child for the program, please plan to volunteer even if you can't make it every Thursday – we need all the help we can get! No skiing/boarding experience necessary.

****We will follow all State Guidelines for COVID safety, which means the program is
subject to change at any time during the season.****

Participants will take a bus to Cochran's every Thursday from January 6th to March 17th, 2022 with the exception of February 24th (school vacation week. The bus will leave RES at 1:45 p.m. Transportation back to Starksboro is NOT provided.

**Parents/guardians are required to pick up their children at Cochran's Ski Area no
later than 4:55 p.m. every Thursday.**

**You must sign your children out with our volunteer in the lodge
before taking them home.**

Helmets are required for all participants. ANY CHILD WHO ATTENDS THE PROGRAM IS EXPECTED TO WEAR THEIR HELMET AT ALL TIMES. Any child who does not follow this rule will not be allowed to continue in the program.

If rental equipment is needed, the equipment fitting will be held at Cochran's on Wednesday, January 5th at 6:00 pm. If you rent, you must provide your own helmet. Skis / snowboards and boots are provided as rentals. All children renting equipment must attend the fitting. Please note that snowboard rentals are limited and will be provided on a first come, first served basis.

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If school is cancelled on a Thursday, the Ski & Ride Program will be cancelled on that day as well. An email will be sent to all parents to notify of cancellations.

PARTICIPANT EXPECTATIONS

We at Starksboro Sports Program are extremely fortunate to have a well-established relationship with Cochran's Ski Area. To ensure a respectful, safe, and fun experience, we need everyone involved to be fully aware of our participant expectations.

For our student athletes

- Treat the bus and the driver with respect
- Be respectful and listen to all chaperones and instructors
- Attend your lesson with your instructor for the first full hour of each afternoon
- While it feels good to take a break in the lodge, participants should not be spending their entire afternoon inside
- Be open to learning – try to improve your skiing/riding a little bit each day
- Ski/ride in control – you should be able to stop at any moment

For our parents/guardians

- Please arrive at Cochran's Ski Area no later than 4:55 pm to pick up your children.
 - Parents/guardians must sign their child(ren) out with the Lodge Chaperone (located in the Cochran's lodge and carrying the sign out sheet) before leaving Cochran's Ski Area.
 - Please remind your children of the expectation to attend their lessons and listen to their instructors. Remind them that helmets are required at all times.
 - Please check your email for updates about the program.
 - Please find a way to volunteer – the more volunteers we have, the stronger our program will be.
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